



**CONSCIOUS LIFE YOGA
ON
SCOTLAND ISLAND**

NOW OFFERING TWO CLASSES A WEEK

**TUESDAYS 7.15 – 8.30 PM ALIGN
SATURDAYS 9 – 10.30 AM VINYASA**

AFFORDABLE PACKAGES AVAILABLE OR \$20 CASUAL

SCOTLAND ISLAND COMMUNITY HALL

E MAIL NADINE: nadine@consciouslifeyoga.net FOR MORE DETAILS