

What is Sustainable Living?

Sustainable living means treading more lightly on the Earth, by reducing our ecological footprint and living within the means of nature.

Together, our actions can reduce climate change and move toward more sustainable lifestyles. There are many ways individuals, families and business can reduce their impact on the environment, and ensure that we pass on a healthy world to future generations.

Find out what you can do at the Sustainable Living Expo in 2011 – a community event packed with ideas and inspiration. Discover small, simple and often fun changes to the way we live that have positive impacts on our environment, our health and wellbeing – and save money at the same time!

What's On

We have a huge range of talks, workshops and exhibitors this year as well as live music throughout the day, native animals on display and **environmentally themed kids activities**.

There will be sustainable initiatives on display in a wide range of areas including:

- ☼ Energy
- ☼ Gardening
- ☼ Household items
- ☼ Water
- ☼ Biodiversity
- ☼ Food
- ☼ Community
- ☼ Waste
- ☼ Transport



Mona Vale Memorial Hall and Village Park

1 Park St, Mona Vale

Bus: Less than two minutes walk from Pittwater Road, Barrenjoey Road and Park St bus stops.

Exhibitors

One Water Naturally	Blue Dog Solar
Bilgola Plateau Public School Sustainability Education	Australian Electric Vehicle Association
Gourmet Gozleme	Go Get Car Share
Beyond Zero Emission	Pittwater Community Gardens
RDE Energy	Sustainable Population Australia
Green Solar Solutions	Solahart Northern Beaches
New Leaf Nursery	Ecotreasures
Multi-powered products	Autonomous Energy
Waratah Eco works	Good Earth Pty Ltd
Green Painters	Eco at Home
Blue Green Engineering	Tri Nature
BTS Energy	TAFE NSW
Green Living Australia/ Wild Soapnuts	Kimbriki Resource and Eco House and Garden
WEFTs Inc	Industrial Hemp Association
Absol – awning, blind and shutter solutions	Permaculture Warringah Pittwater Manly
Enjo Australia	Climate Action Pittwater
Hippybottomus Cloth Nappies	Wildlife Road Kill
Two Hands Project/Eco Divers	Solartex Insulation
Aquarias Watermaster	Commute Pty Ltd
Smart Water & Energy Solutions	Green Earth Lady - Natalie Roberts
Jenny Edeyones	Ventis HQ
Pittwater Natural Heritage Association	Australian Youth Climate Coalition

More information available at
www.pittwater.nsw.gov.au/sustainablelivingexpo



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Sustainable Living Expo

Toward sustainability - one step at a time

Sunday 9 October - 9am to 4pm
Mona Vale Memorial Hall and Village Park

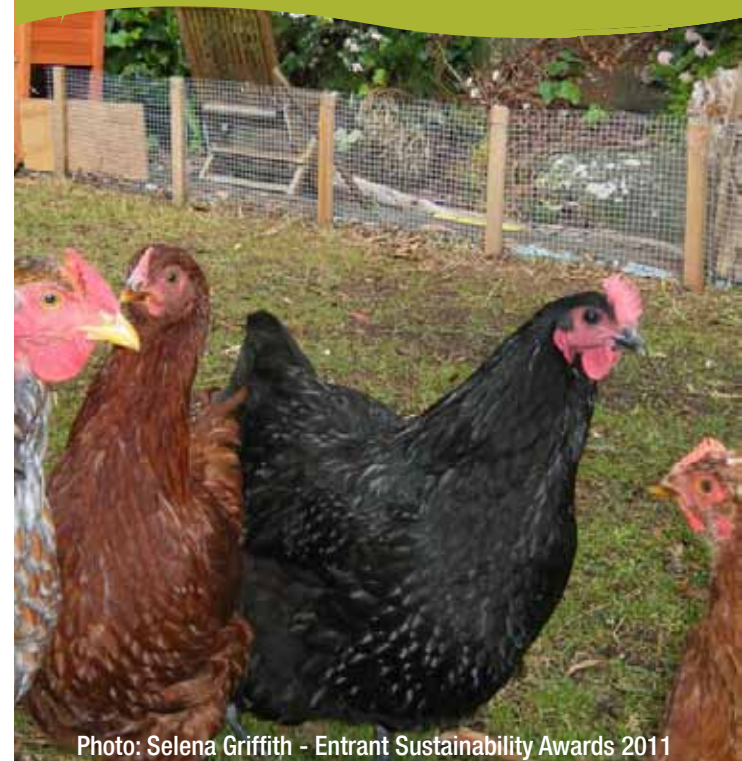


Photo: Selena Griffith - Entrant Sustainability Awards 2011

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Talks and Q & A Panel

In the Mona Vale Memorial Hall throughout the day there will be informative talks and a panel of experts answering your questions about making your home more sustainable.

- 10:00am Welcome - Climate Action Pittwater
- 10:15am Pittwater's Carbon Footprint - is changing our lightbulbs enough?
- 10:45am Official Opening - General Manager and Mayor of Pittwater
- 11:15am Organic Gardening and Community Health
- 11:45am Sustainable Waste Management
- 12:15pm Expert Panel - **Green Home Q & A**
- 1:15pm How we can get to 100% renewable energy in 10 years
- 1:45pm Innovation in Water Reuse Systems
- 2:15pm Community Gardens in our area - The benefits and processes
- 2:45pm Upcycle to Art and Design
- 3:15pm Industrial Hemp: The Complete Environmental Solution
- 3:45pm Closing - Climate Action Pittwater



Interactive Workshops

If you are interested in an interactive learning experience join one of the many workshops. We offer a range of topics that will appeal to everyone from owner/builders and green thumbs to those just wanting to know more.

Time	Memorial Hall Room	Outdoor Marquee 1	Outdoor Marquee 2
10am	Traditional plant uses	Water- the source of life - how to save and reuse water in and around the home	Environmental and economic impacts of food waste and menu planning
11am	Sustainable home building with earth	Making your home more energy efficient	Shopping and staples
12pm	Saving money for your business through energy efficiency	Bush regeneration techniques	Love Food/Hate Waste display and Q & A
1pm	Lighting solutions to reduce power use	Valuing and caring for Pittwater's special native animals	Love Food/Hate Waste display and Q & A
2pm	Now and the Future: Sustainable Housing	Low hazard and non-chemical pest management	Food storage
3pm	The basics of developing a permaculture design for your garden	Natural paints and oils	Cooking with surplus seasonal produce

ESD tours of Mona Vale Library

Did you know that Mona Vale Library was designed with sustainable living concepts in mind? Join our experts, Dick Clarke from Envirotecure, Linda Haefeli from Climate Action Pittwater and Ian Brewster from Brewster Hjorth (the architect) for a tour of the library's ecological design features at 1:15pm.

Workshop
 Reduce energy use at home with our Save Power Kits
 - 2pm at
 Mona Vale Library